



SUE WEAVER

WEAVING A HEALING HEARTH

“I expand and purify energy and bring order and structure into daily life”

Fluorite, or Fluorspar, is composed of calcium and fluorine and glows or fluoresces in ultraviolet light. Crystals are often cubes or octahedra, with Fluorite clusters resembling hilltop villages.

Fluorite is expansive, creating space between thoughts, beliefs, opinions, attitudes, energies of all kinds. It then clears, transforms and transmutes anything that is ‘negative’ and brings structure and order to what remains.

In this way it calms and settles the mind and is good for meditation, spiritual growth and increased psychic awareness. It cleanses the aura and gives protection by clearing negative thought patterns and transmuting all negative energies. It can bring a little distance in times when emotions overwhelm us, so that we can see both what needs to be done and what needs to be healed. It is also excellent for concentration and focus, and is an excellent gift for students.

Lie with a Fluorite octahedron on the forehead to clear excessive mental energy from study or when emotions are high and thoughts go round and round, making situations worse. Alternatively, place three octahedra round the head (one above; two on either side by the temples) or place three octahedra, one on the brow, one between heart and throat, one below the navel. With these placements it can be useful to have a grounding stone such as Black Tourmaline or Hematite beneath the feet or Smoky Quartz or Smoky Fluorite in the hands.

In the environment, Fluorite can be used to help with the electromagnetic disturbance from computers, microwaves, and other devices. Place a cluster by your computer screen to help with this and at the same time help with focus and concentration.

Fluorite occurs in many colours; all fluorites share the above properties, but each colour emphasises certain characteristics.

Smoky fluorite is particularly good for the cleansing and protective aspects, and, apart from the very rare black variety, is the most grounding of the fluorites.

Golden/Yellow fluorite is inspiring and creative, opening our minds to greater possibilities that are aligned with spirit.

Green fluorite is cleansing and healing to emotions and mind, and brings these two aspects into harmony within us.

Blue Fluorite is calm, peaceful and serene. It is good for ordered thinking and prioritising goals.

Purple Fluorite is good for purification of the mind, enhancing spiritual connection and meditation. It is an excellent transformer of energy and can transmute negative thoughts and attitudes within, as well as external negative energy in our environment.

Lavender Fluorite is peaceful and calming, and connects us with divine inspiration and bliss.

White/Clear Fluorite is clearing and cleansing for the aura and aligns us with our spiritual purpose.

Rainbow Fluorite combines all colours and is clearing, cleansing and harmonising on all levels of being, bringing order where there is chaos. Try placing a stone on each of the chakras.

Flower Fluorite is a gentle purple, lavender and cream/white stone. It is soothing and gently supportive, and good in times of stress.

Crystal Name:	Fluorite	Family Name:	Halide
Meaning of name:	From the Latin verb fluere, meaning to flow. Fluorite is used as a flux in iron smelting to increase flow and decrease the viscosity of the raw material from which ore is extracted		
Composition:	Calcium Fluoride (CaF ₂)		
Colour(s):	Purple, green, yellow, blue, lavender, pink, white, brown, black		
System:	Isometric (Cubic)	Hardness/Mohs:	4
How it is found:	Often found in clusters or raw chunks. Crystals are cubic or octahedral or more complex variations of these patterns.		
Transparency:	Transparent to translucent	Cleavage:	Perfect cleavage in 4 directions
Environment:	Fluorite is formed in hydrothermal ore veins (igneous) sedimentary deposits and metamorphic environments		
Found in:	Worldwide including China, USA, Russia, South Africa, Mexico The famous 'Blue John' is found in Derbyshire, UK		